



Online Safety Foundation Uganda

**ONLINE SAFETY AND
DIGITAL WELLBEING FOR
SECONDARY SCHOOLS,
TEACHERS, CARE
GIVERS**

TALKS BROCHURE
2024-25

SCHOOL YEAR 2025-26

We are pleased to offer both **online** and **face to face** training sessions to suit your school or organisation's individual needs, delivered by our panel of expert trainers.

Our adult **webinars** are secure and **interactive**. They are delivered via an online platform with a unique registration link and password.



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Teacher Testimonial

Some of the content was eye-opening for my students. Really worthwhile.

*Class Teacher, St Mary S.S
Katende*

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OUR SESSIONS FOR KIDS



3RD-6TH CLASS SESSIONS (60 mins)

- **In-depth, interactive workshops** designed to protect and empower children.
- Each session is targeted at an age group and focuses on equipping children with core digital literacy skills including **navigating social media, messaging apps, gaming, how to protect personal data and their digital footprint, healthy balance, online reputation and cyberbullying.**
- Children fill in a short, anonymous survey that enables us to understand **their specific online usage and behaviours.**
- The school receives a **full report** post-session.
- Sessions **are suitable for 3rd – 7th class pupils and limited to 45 pupils per session.** Each session is approximately 60 minutes.

P.3 CLASS – Starting Safely!

An introductory session preparing children beginning their online journeys.

P.4 CLASS – Being Social

Exploring key topics such as social media & gaming, and how to protect personal information.

P.5 CLASS – Think First, Not Later

Looking at how social media and advertising really works, misinformation and scams.

P.6 & P.7 CLASS – Leaving Your Mark

Empowering children by focusing on digital responsibility, including cyberbullying and managing digital footprint.

"This session incorporated a variety of strategies to engage the students with the content. It was excellent!"

P.5 Class Teacher, St Peters PS Mukono



OUR SESSIONS FOR KIDS



COMBINED CLASS SESSIONS (Primary only, 60 mins)

P.3 & P.4 CLASS – Be Safe, Be Social, Be Smart

This joint session combines the key learning objectives from the 3rd and 4th class sessions and are for smaller/mixed-age classes only.

P.5, P.6 & P.7 CLASS – Think First, Don't Leave A Mark!

This joint session combines the key learning objectives from the 5th, 6th and 7th class sessions and are for smaller/mixed-age classes only.

SECONDARY SCHOOL SESSIONS (45-60 mins)

Senior 1 – Continuing Your Online Journey focuses on cyberbullying and developing critical thinking skills online.

Senior 2 – Engage Positively with a Positive Footprint! focuses on protecting privacy online, oversharing, sexting and maintaining a positive footprint.

Senior 3 – Better Digital Literacy focuses on types of online information, targeted advertising, image and wellbeing, and appropriate communication and creation of online content.

Senior 4– Digital Health & Reputation focuses on the unique pressures of online life, and why maintaining a positive digital footprint is so important as the world of work or higher education approaches.

OUR SESSIONS

FOR ADULTS

PARENTS, GUARDIANS, CARE GIVERS, TEACHERS & YOUTH WORKERS

- Each session lasts 1 hour with opportunity for Q&A
- We offer a range of **different talks**

1 THE KIDS ARE (NOT) ALRIGHT

Our most popular session focusing on 8-12 year olds. It raises awareness of the main factors to consider around social media, gaming and the online world, explores what children are really doing online and offers practical advice and resources to help empower safer, more positive experiences.

2 TEENAGE KICKS, (SO) HARD TO BEAT

Aimed at those with or working with teenagers, this session aims to raise awareness of what young people are doing online, and the associated risks and safeguards. It provides information and guidance on platforms teenagers are using, digital literacy and wellbeing, and the inherent risks of being online.

3 TURN AND FACE THE STRANGE

This session takes a tour through the often baffling world of gaming by covering the positives and negatives of this multi-billion dollar industry, and looks at the burgeoning industry of AI and its results (e.g. Chat GPT). What questions do these raise for the future of the online world and the development of digital literacy skills?

OUR SESSION

FOR TEACHERS

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DEVELOPING DIGITAL CITIZENS (Primary/Secondary)

This session is targeted at either primary or secondary school teachers. It is designed to demystify and raise awareness of what pupils are doing online, the positive benefits, and the associated risks and safeguards.

We provide information and guidance on popular apps and platforms, digital literacy and wellbeing, and the inherent risks of being online such as loss of privacy, cyberbullying, sexting, grooming and digital footprint.



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Teacher Testimonial

Very informative and balanced approach to online safety with lots of information on available supports.

P. 6 Class Teacher

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OUR PRICE LIST

CLASSES	TIME	PHYSICAL	VIRTUAL
S.1 CLASS	60 Minutes	300 USD	250 USD
S.2 CLASS	60 Minutes	320 USD	250 USD
S.3 CLASS	60 Minutes	350 USD	250 USD
S.4 CLASS	60 Minutes	360 USD	270 USD
TEACHERS	60 Minutes	400 USD	300 USD
PARENTS	60 Minutes	450 USD	350 USD
DIRECTORS	60 Minutes	500 USD	400 USD

Our pricing structure is simple. We can offer sessions virtually or face to face

"I felt the content was really well presented, age appropriate, and very engaging!"

*P.6 Class Teacher,
St John' s , Kampala*

"Our class built upon their knowledge so much in this session. The content and delivery was engaging and thorough. "

*P.5 Teacher, Our lady fatima
Nansana, kampala*





Online Safety Foundation Uganda, OSFU is Uganda's online safety Nonprofit organization . We aim to empower children, parents and educators to navigate the online world in a safe and responsible manner. We deliver high quality, relevant and research-based sessions. The OSFU's team has extensive experience in cybercrime analysis and investigation, cybersecurity, child psychology and education. Each member of our growing team of friendly and approachable trainers are highly trained, experienced and passionate about protecting children and young people to ensure they have positive experiences in the online world.

www.osfu.org

The Online Safety Foundation Uganda,
OSFU

Nakasajja , mukono



Uganda

For bookings:

T: +256752577778

E: info@osfu.ug

